

Backyard Chicken Keeping Is It an Ethical Alternative to Factory Farming?

A Presentation by Karen Davis, PhD
President of United Poultry Concerns



*Photo by Frank Johnston,
The Washington Post*

“My experience with chickens for more than twenty years has shown me that chickens are conscious and emotional beings with adaptable sociability and a range of intentions and personalities. If there is one trait above all that leaps to my mind in thinking about chickens when they are enjoying their lives and pursuing their own interests, it is cheerfulness. Chickens are cheerful birds, quite vocally so, and when they are dispirited and oppressed, their entire being expresses this state of affairs as well. The fact that chickens become lethargic in cruel and barren environments, instead of proving that they are stupid or dull, shows how sensitive these birds are to their surroundings, deprivations and prospects. Likewise, when chickens are happy, their sense of wellbeing resonates unmistakably.”

– Karen Davis, President of United Poultry Concerns

Modern Chicken House in Delaware

Photo by David Harp



Weaver Brothers Egg Farm in Versailles, Ohio

Photo by Mercy For Animals



This is a typical large-scale commercial operation being advertised as “animal friendly.”



Nick's Live Poultry Market in New York City



Instead of Chicken, Turkey and Eggs

Commercially Available Vegan Alternatives

Gardein

(All Gardein products are vegan.)

www.gardein.com



BOCA Chik'n Patties and Nuggets (All BOCA Chik'n Patties and Nuggets are vegan.)

www.bocaburger.com/products/chikn.aspx



Turtle Island Foods: Tofurky (All Tofurky Products are vegan.)

www.tofurky.com



Gardein Chick'n Teriyaki

- chick'n strips or chick'n filet (if using filet, pat dry with paper towel first)
- 1 tsp carrot, grated
- 1 radishes, trimmed and thinly sliced
- 1/4 tomato, sliced
- 1/4 cup red onion, thinly sliced
- 1 clove yellow pepper, sliced
- 3.5 oz mixed greens, washed
- 1 tsp sesame seeds
- salt and pepper to taste
- rice or asian noodles
- 1/4 cup teriyaki sauce



Brown Gardein strips/filets in a frying pan with olive oil over medium heat for 2 to 3 minutes. Set aside. Add vegetables to pan and sauté for 3 minutes. Add teriyaki sauce and Gardein™ strips/filets to pan and cook for 2 minutes. Season to taste.

Tip: serve with steamed noodles or rice and sprinkle with sesame seeds.

BOCA Firecracker Chik'n Salad

Prep Time: 15 min

Total Time: 15 min

Makes: 2 servings



- 2 frozen BOCA Meatless Spicy Chik'n Patties
- 3 Tbsp KRAFT Lite CATALINA Dressing
- 1 Tbsp teriyaki sauce
- 2 tsp sesame seeds, toasted
- 6 cups torn leaf lettuce
- 1/2 cup drained canned mandarin oranges
- 1/4 cup shredded purple cabbage
- 2 green onions, sliced
- 2 Tbsp chow mein noodles

Cook patties as directed on package; cut into strips. Mix dressing, teriyaki sauce and sesame seeds. Place lettuce on 2 plates; top with remaining ingredients. Drizzle with dressing mixture.



United Poultry Concerns
PO Box 150, Machipongo, Virginia 23405 USA
757-678-7875 • www.upce-online.org

Humane Meat?



False advertising Photo from Black Eagle Farm Website



Henny Penny Rooster

Photo courtesy of Chicken Run Rescue



Mary Britton Clouse and Bert Clouse of Chicken Run Rescue

Photo by Dorothy Grinolds, ThreeDogPhotography.com



The Ugly Face of Small Animal Farming

Photo by Jake Stangel for Bloomberg Businessweek



Chickens Dustbathing and Sunbathing

UPC Sanctuary photo by Davida G. Breier



Brown Hen Dustbathing in the Sand

UPC Sanctuary photo by Davida G. Breier



White Hen Sunbathing with Her Wing Fanned Out

UPC Sanctuary photo by Davida G. Breier



Industrial Hatchery



Chicks in a Shipping Box

Photo courtesy of The Animals Voice



Mother Hen and Her Chicks

Photo by Davida G. Breier



**“Look what
I found!”**

*UPC Sanctuary photo by
Davida G. Breier*



Rooster, Hen and Chick

Photo by Davida G. Breier



**“The question of what to do with Hanz —
and other roosters like him —
is an unforeseen
byproduct of the
growth of backyard
chicken flocks.”**



Hanz the Rooster at the Montgomery
County Maryland Humane Society
*Photo by Ricky Carioti,
The Washington Post*

Discarded Rooster Chicks

Photo courtesy of The Animals Voice



Rooster Leading Hens Across Bridge

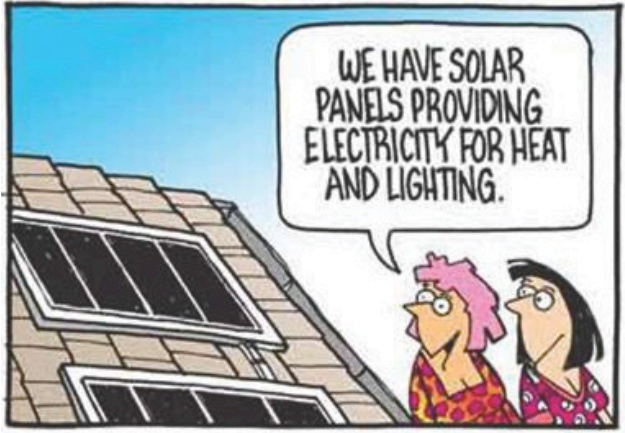
Photo by Auke Van der Weide



Oliver with His Hens

UPC Sanctuary photo by Davida G. Breier





Liqin and Horatio

Photo by Deb Durant



Karen and Troubadour at Eastern Shore Animal Hospital

Photo by Dr. Erin Simmons



Despite thousands of years of domestication, chickens are essentially the wild jungle fowl of their ancestry, with the same cravings for lush soil, trees, and activities suited to the tropical forests they originated in.

UPC Sanctuary hens rescued from battery cages photo by Susan Rayfield



Red Jungle Fowl Rooster



UPC Chicken House and Enclosed Yard

UPC Sanctuary photo by Davida G. Breier



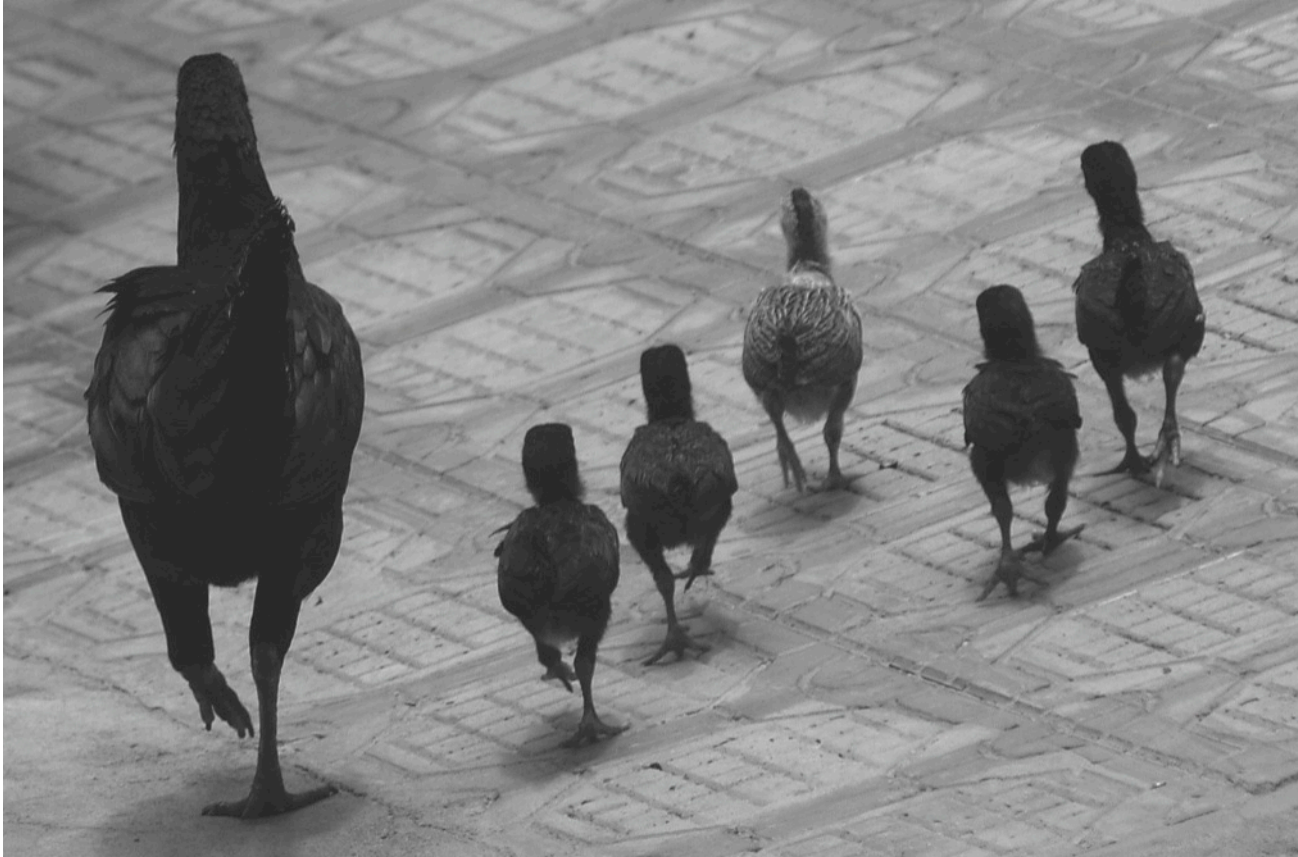
Karen Davis with UPC Sanctuary Chickens

Photo by Frank Johnston, The Washington Post



Chicken Family Out for a Stroll, Hyderabad India

Photo by George Slatin, Courtesy of Chicken Run Rescue



For more information, visit



www.upc-online.org

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